

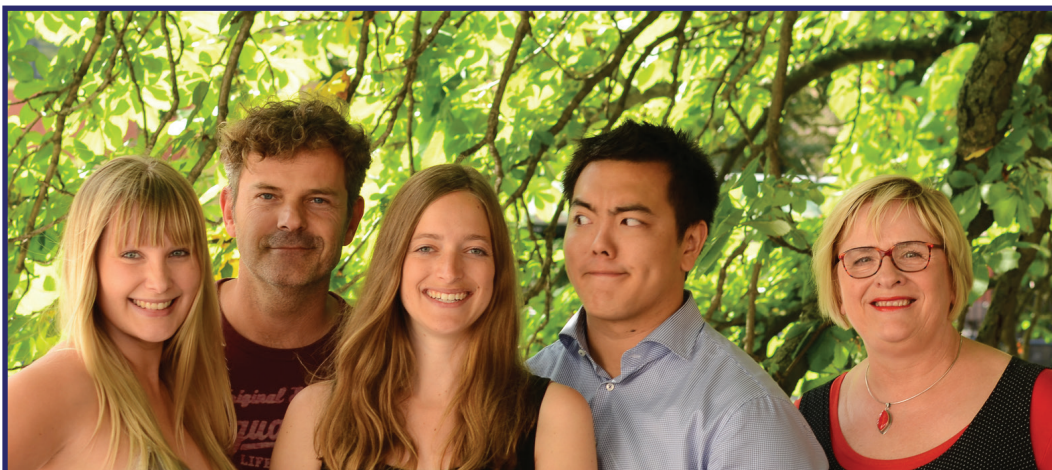


# Uppsala International Summer Session

*study Swedish  
in Uppsala*

*Summer 2017*





The UISS office staff: (from left) Assistants Angelica, Ruud, Emma, Jonas and Director Nelleke



Midsummer celebrations in Hammarskog



Students in one of our Swedish classes



Students, teachers and staff during the third session

# Testimonials From Our Students



**Sandra Wihlborg, 19**

SWITZERLAND

STUDENT, utlandssvensk, sandra21922@hotmail.com

This is the second time I take part in a 3-week session and I'm already looking forward to a third summer in Uppsala. UISS gives the possibility to immerge yourself in the Swedish culture by for instance celebrating Midsummer or by learning how to eat crayfish the right way! The program gives students the opportunity to visit museums and to go on trips to cultural/historical places or to get 'lost' in Swedish nature. Furthermore, the school doesn't only show the

students how to be like a Swede, but also how to speak like Swedes! For example, in the different classes the students are taught how to pronounce the ä, ö, u, e, i, y correctly. Due to the two summers I have spent in Uppsala, I have been able to improve my Swedish so much that I can now speak and understand my Swedish grandfather without any problems. In addition, Uppsala is a beautiful student city.



**Wassim Alexan, 29**

EGYPT

STUDENT AND LECTURER, wassim.alexan@gmail.com

A very positive and well-rounded Swedish immersion experience that everyone should try at least once! It is very hard to describe in a short paragraph such an experience. Everybody was having a lot of fun learning Swedish, getting to know more about the Swedish culture and making tons of friends along the way. At its core, UISS has specifically impressed me with its high caliber teachers, the evening activities, the weekend trips and the extremely friendly staff. All these

points made it an unforgettable experience. Finally, one must mention how everything was really well organized, which ultimately resulted in a smooth 3-week session. UISS, thank you!



**Gauthier Montaud, 26**

FRANCE

STUDENT, gauthier.montaud@gmail.com

When I chose the six-week session, I thought it would be a little bit too long. I was definitely wrong! When I started the Swedish courses with UISS, I only knew five words in Swedish. Now I can handle a conversation with Swedes! You will be impressed by the progress you make every day! The morning Swedish courses taught me the grammar, the pronunciation and expanded my vocabulary. I learned more about the Swedish history and put the language in a context during the

afternoon classes and also discovered the nyckelharpa. The Musical Theater class helped a lot to pronounce the different Swedish sounds correctly and it was so much fun! But the UISS experience is not only about the courses. It is also about meeting people of 40 different nationalities and making new friends. You will never be bored because the amazing staff will keep you entertained with events such as musical evenings, film evenings, guest speakers and also awesome parties like a memorable crayfish one! In conclusion my only regret is that I couldn't attend a nine-week session. I hope to come back next year.



**Victoria Persson, 22**

SOUTH AFRICA

STUDENT, persson.vicky@gmail.com

Everyone at UISS makes you feel so at home and welcome. Being a part of it was honestly the best thing that I have ever done for myself. You grow as a person and experience so many wonderful things, such as a completely different culture.

I loved it and I really recommend participating in a UISS course.

More testimonials on our website [www.uiss.org](http://www.uiss.org) > Testimonials



# A Word From the Director

Welcome to the Uppsala Int'l Summer Session, UISS. I am so happy that you are looking into what our program has to offer and I hope to be able to welcome you to the wonderful city of Uppsala and our program in 2017. Please read this brochure very carefully as it will provide you with all the information you'll need to fill out your application and to prepare for your studies with the UISS in Uppsala, Sweden.

The UISS is a non-profit organization and is completely self-supportive. We teach all classes at Vuxenskolan, a modern facility in the centre of Uppsala. All teachers within the UISS are qualified to teach at an academic level. The newest teaching methods are applied resulting in an active, motivating and stimulating atmosphere in our classes. Our courses are intensive and are intended for the serious and motivated student. When learning a language it is also very important to learn about the culture, history and society in which the language is embedded and we do offer quite a number of those classes.

Our experience is that it is a very good combination to focus on studying the Swedish language in the morning and to do something entirely different in the afternoon. For example the numerous courses we have in which music and/or theater are involved, will teach you much more than just a song or a scene. New horizons will open up and you will be surprised at how much more you will have learned both about the language and the culture and sometimes also about yourself.

I am well aware that it is important to organize free time activities along with all the classroom hours, that our students see something of the country and that they have some time to travel on their own. Equally important to us is to maintain the personal atmosphere that always has been a strength of this program. Every year about 220 students and professionals from all over the world participate in the UISS. Spending a summer together with people from 40 different countries, ages 18 - 65, with different backgrounds, is a valuable and unforgettable experience.

The weekend trips to Helsinki, Värmland and Lapland are great experiences, so make sure to take part in at least one of them. Two highlights during the summer are the potluck dinner, where students bring food that is typical for their homelands, and the farewell banquet. Each three-week session ends with a 3-course dinner or buffet and dance, a so-called "student gasque", where students and teachers perform songs and sketches. The dinners will have a theme. July 6 will have a "Hard Rock vs Schlager" theme, July 27 will have the theme "Typically Swedish", where people can dress up as a famous Swedish character or in blue and yellow. On August 17, we will have a more formal, three-course dinner. The theme is "Dress-up"!

In short, I think the UISS has a lot to offer and I can assure you that you will have a great summer with us as you combine your studies with interesting and fun experiences while living as a Swede in Uppsala.

I personally love working with this program as no summer is the same and I get to meet so many people from all corners of the world with one thing in common: an interest in Sweden, its language and culture. For one who is deeply in love with Sweden, what better job could I have than to be able to offer a program that is all about teaching Swedish and all aspects of Sweden.

Please don't ever hesitate to contact me directly if you have any questions. I hope to see you in Uppsala in the summer of 2017.

**Nelleke Dorrestijn, [director@uiss.org](mailto:director@uiss.org)**



*Director Nelleke dressed up for the farewell dinner themed 'Typically Swedish'. Here as ChrisMiss.*





## välkommen hit, välkommen hem

*'Welcome to Uppsala, welcome home'*

Uppsala is a beautiful and lively city during the summer. The frozen Swedes wake up from their hibernation and nature falls into bloom. Numerous events are arranged by cultural organizations, and several of Uppsala University's student organizations - the student nations - open their (outdoor) restaurants, clubs and pubs.

The lake is close by and one will often find our students there on the weekends. Gamla Uppsala offers a look into the history of not only Uppsala, but of Sweden, with remains from the Viking Era and mythical royal graves. And Stockholm with all the capital has to offer is only a 45-minute train ride away.

# Uppsala International Summer Session

## The UISS program

Uppsala International Summer Session is a non-profit foundation that offers summer courses in the Swedish language, culture, history and society annually for two, three, six and nine weeks. Since the founding year of 1963 we have received thousands of students from across the globe. Their motives and backgrounds vary, but after completing their studies at UISS they all have one thing in common: increased knowledge in the Swedish language and a deeper understanding of the Swedish culture and history. Each year approximately 35-40 former students return to study at UISS. In 2016, 215 students from 42 different countries participated in the program.

The intensive UISS courses are taught at the facilities of Vuxenskolan in the center of

Uppsala, and are intended for the serious and motivated student.

The teachers are all qualified to teach at an academic level. The teachers in Swedish have an academic degree specifically for teaching Swedish as a foreign language and also work at different universities during the academic year. This guarantees the academic and educational standards of the classes, which in addition to the application of the newest teaching methods, results in an active, motivating, and stimulating atmosphere in the classes.

Swedish is the primary language of instruction. After the first few days, most of the information given will be in Swedish. Some afternoon classes are taught in English though. On excursions one may choose.

*Want to know more about our leisure activities? Find our preliminary schedule on our website under 'Activities and Trips'!*

## The aim of the program

- To give the participants a unique opportunity to learn Swedish in a Swedish environment
- To inform the students about the cultural, political and social life in Sweden
- To give the participants the opportunity to meet more than 200 students from 40 nations. This should increase understanding among people from all over the world.

## The Director

Drs. Nelleke Dorrestijn. She has been the director of the program since 1990. Nelleke is in charge of the overall organization and the administration of the program. She is also chairman of the board of the UISS and responsible for all personnel matters.

**Nelleke Dorrestijn, [director@uiss.org](mailto:director@uiss.org)**



# Course Information

**C**lasses are scheduled 4 days a week, Monday through Thursday, with a minimum of 5 lesson hours a day in Swedish.

**The morning classes** are language studies, with a basic orientation into cultural and social patterns and characteristics, traditions and customs, integrated into the teaching material. We offer 9 levels of Swedish language classes based on the six levels in the Common European Framework of Reference for languages, learning, teaching and assessment (CEF). Utlandssvenska ungdomar (18-26) can choose to take *Svenska för utlandssvenska ungdomar*, see description on the next page.

**In the afternoon** our students have the opportunity to learn more about Sweden and the Swedes through cultural, historical and social studies. These classes are often more interactive and while they teach different subjects, our students will, in most of these classes, also increase their vocabulary as well as improve their conversational abilities and pronunciation. Those who feel they need more practice in the Swedish language can also choose Conversation and Grammar in the afternoon, at levels A1, A2 and B1.

***What classes you are eligible for depends on your level of Swedish. Please follow the instructions on page 9 and take the placement test before submitting your application.***

## Course schedule

08.30 - 12.30	Swedish all levels	
	LUNCH	
13.45 - 16.15	Conversation and Grammar (13.45 - 15.15)	Cultural and other studies (13.45 - 16.15)



*Students in one of the Swedish classes*

# The Language Courses

## *Swedish language courses, beginners to advanced, levels A1-C2*

We offer all levels of Swedish during the entire 9 weeks of the summer sessions. The students are divided into classes based on their result on the online placement test and the name of the class is equal to the level of Swedish obtained.

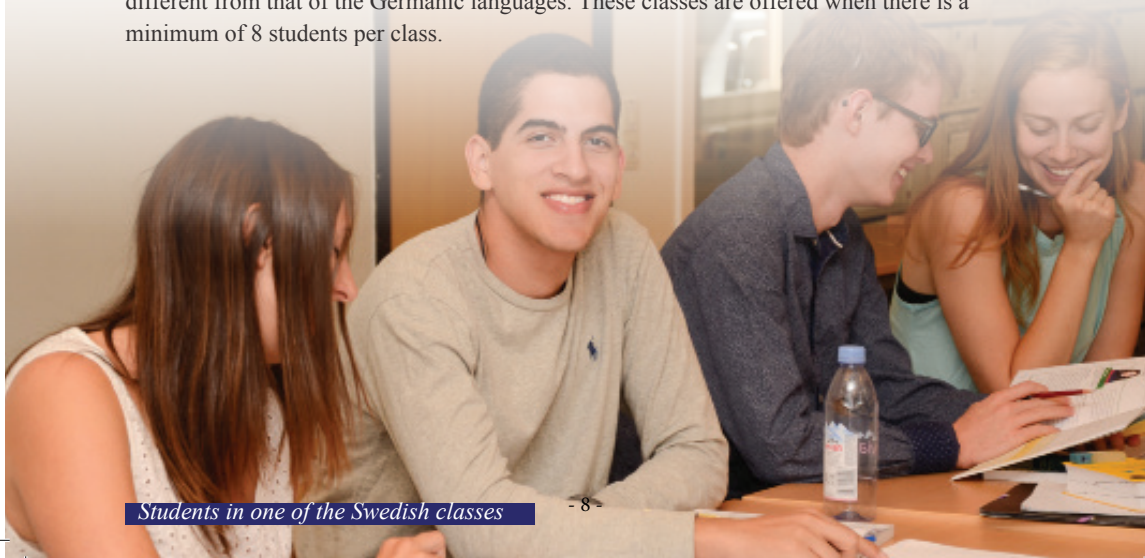
## *Svenska för utlandssvenska ungdomar*

Only for the 3, 6, and 9-week sessions, for those with demonstrated conversational skills of B1+ and higher

This course is especially designed for utlandssvenska ungdomar between 18 and 26. The focus is on the continued development of written, oral and literary skills. The writing part of the course includes spelling and general rules. Different aspects of grammar are being dealt with so that the student will be able to produce grammatically correct texts. Writing exercises are both free writing assignments as well as writing under strict directives. In this way, the student will have the opportunity to practice various linguistic styles. Vocabulary needs to be enhanced so that the student can express himself in a varied and precise manner in different situations. The student will learn this through discussions as well as individual presentations. Listening and reading comprehension are also part of this course. Please also see special information about scholarships given to these young people on page 15.

## *Conversation and Grammar: levels A1, A2 and B1*

*Afternoon class.* The conversation class will allow the student to practice spoken Swedish. The grammar class will focus on the same grammatical topics that are being dealt with in the morning classes, but with different exercises. These classes are intended for the students who have not studied foreign languages before, or who come from a language area which is very different from that of the Germanic languages. These classes are offered when there is a minimum of 8 students per class.



*Students in one of the Swedish classes*



## Determining your level of Swedish

UISS teaches Swedish language courses in accordance with the Common European Framework of Reference (CEFR). CEFR consists of six levels, from A1 to C2. Uppsala International Summer Session however teaches another three levels: A2+, B1+ and B2+.

The language levels describe a student's proficiency in the Swedish language after completion of that level. For example: as a complete beginner you would start in level A1 and before going into level A2, you must have attained the proficiency of A1 as described by the CEFR. A full description of these levels can be found on [www.coe.int/en/](http://www.coe.int/en/).

### CEFR levels:

- A1 - complete beginner
- A2 - beginner
- B1 - lower intermediate
- B2 - higher intermediate
- C1 - advanced
- C2 - very advanced

## The placement test

To ensure that our students are placed in the correct level, we ask all applicants with some knowledge in the Swedish language to take an online placement test prior to submission of the application form. The test can be found at [www.uiss.org](http://www.uiss.org) > Application > Placement Test.

Please do not use any help from books or other people. Do not just guess. If you really have no idea what the answer should be, then leave it open. This is merely a tool for us to help you get the most out of your studies here at UISS. Once in Uppsala, a short assessment will take place in class, both in oral and writing skills. After the first day, a few students may be moved to a more suitable level.

If you have studied Swedish on your own, without any teacher guidance, then please inform the director of this when sending the test results.

*Students in one of the Swedish classes*



Teacher André with the Musical Theater class

## cultural and other studies

### **Culture, history and society courses offered**

#### **Session 1: June 18 - July 7, 2017**

- Arts in Sweden
- Förbättra din svenska med hjälp av drama/musik/gestaltning
- Modern svensk litteratur
- Svenska visor och svensk folkmusik
- Sweden: From the Cradle to the Grave - a 21st Century Welfare State

If you apply for the 2-week session, you can choose any one of the courses offered in the first session.

#### **Session 2: July 9 - July 28, 2017**

- Cornelis Vreeswijk - ett liv i sånger och texter
- Det moderna svenska samhället
- History of Sweden - From Past to Present
- Razors and Dolls: Gender and Sexuality in Scandinavia
- Swedish Pop Music & Musical Theater

#### **Session 3: July 30- August 18, 2017**

- Den svenska välfärdsstaten - sanning eller myt?
- Förbättra din svenska med hjälp av drama/musik/gestaltning
- Legends, Folklore and Fairytales in Scandinavia
- Svenska visor och svensk folkmusik
- Swedish Pop Music & Musical Theater
- The Swedish Film

The language of description will also be the language of instruction.



## Course descriptions

### *Arts in Sweden*

This course deals with the history of art, architecture and design in Sweden. Spanning the best part of the last millennium, it provides a comprehensive overview of the historical development of the art of the country from the Middle Ages to the present. Through visits to historically interesting sites and museums, the students get the chance to see the result of Swedish artistic production of different ages. These visits are complemented by lectures and seminars.

The location of Uppsala is ideal: there are many historical sites and its proximity to Stockholm provides the possibility to numerous visits there.

### *Cornelis Vreeswijk - ett liv i sånger och texter. Från nivå B1.*

Sångaren/musikern/kompositören/poeten Cornelis Vreeswijk (1937 - 1987) är en legend i Sverige. Han blev en av de mest inflytelserika konstnärerna på 1900-talet. Vi kommer att prata om Cornelis turbulenta liv, hans texter och musik, men också sjunga hans sånger tillsammans, från blues till samba och jazz till "visan". Vreeswijks sånger är otroligt mångsidiga, både när det gäller musiken och hans vackra, engagerade och fräcka texter. Vi arbetar på röstteknik och tolkning av texter, så att du inte bara förbättrar din svenska, men också lär dig hur du kan utveckla din sångröst och hur du kan tolka och presentera en sång på ditt unika sätt.

### *Den svenska välfärdsstaten - sanning eller myt? Från nivå B1 +*

Kursen ger en överblick över välfärdssystemet samt en god inblick i centrala sociala frågor och begrepp. Översikten börjar med den rådande ekonomiska och politiska situationen i det svenska samhället. Tonvikten ligger på den svenska välfärdsstaten. Vi kommer att undersöka svensk arbetsmarknad, jämställdhetspolitik och de politiska partiernas syn på den offentliga sektorn och välfärdspolitik. Målet är att du efter avslutad kurs ska ha fått en god inblick i hur den svenska modellen fungerar, dess brister och fördelar, dess möjlighet att överföras till andra system samt hur framtiden för den svenska välfärdsstaten ser ut. Föreläsningar, gästföreläsare, diskussioner. Studiebesök på olika myndigheter kommer att vara ett betydande inslag i kursen.

### *Det moderna svenska samhället. Från nivå B1 +*

På kursen behandlas olika aspekter av det nya moderna Sverige. De ämnen som kursen fokuserar på sträcker sig från populärkultur och formgivning till jämställdhet och diskriminering. Hur ser "det nya Sverige" med stor invandring ut och hur skildras det i litteratur, film och musik? Vad ledde fram till 90-talets nya filmvåg? Den svenska mentaliteten med "lagom" och reserverade svenskar – stämmer den? Innehållet tas upp genom texter, film, musik, studiebesök och gästföreläsare. Stort utrymme kommer att ges till diskussioner samt analyser.

See the full course descriptions on our website under 'Courses' >  
'Language courses' or 'Cultural and other studies'.

## *Förbättra din svenska med hjälp av drama/musik/gestaltning - från nivå B1.*

Vill du träna ditt uttal? Behöver du handledning i hur du enkelt hittar de ord du behöver? På den här kursen får du träna ditt svenska uttal och förbättra ditt språkliga flyt. Vi gör det genom många lustfyllda övningar i drama, musik, gestaltning och artikulation. Vi kommer att sjunga svenska sånger, läsa sagor och dikter, arbeta med sketcher och dramaövningar. Vi tränar på betoning, taltempo, fraserings och den svenska språkmelodin. Mål för utbildningen är att förstärka självförtroendet i språkinläringen, träna vardaglig kommunikation, öka ordförrådet och förbättra intonationen.

## *Modern svensk litteratur - från nivå B1+*

Kursen syftar till att ge deltagare en inblick i modern svensk litteratur från 1800-talets slut fram till idag och väcka intresse för den svenska litteraturen. En rad författare och texter kommer att presenteras kronologiskt utifrån teman. För att ge en bredare bild av den svenska litteraturen har författare valts utifrån olikheter i aspekter som perioden de var aktiva, deras kön, geografiska ursprung, sociala hemvist och genretillhörighet. Varje kursdeltagare läser en modern svensk roman, vilken presenteras vid kursens sista seminarium.

## *History of Sweden: From Past to Present*

This course will introduce students to Swedish history from a Swedish perspective. The constitution and development of Swedish identity and self-perception are topics incorporated into lectures. Lectures alternate with fieldtrips. The time span covered stretches from the end of the Scandinavian Ice Age (12 – 10 000 BC) to the foundation for the Swedish Welfare State. Nordic Mythology, Sweden's years as a great power and the Post-War era are all among the historic segments that are highlighted.

## *Legends, Folklore and Fairytales in Scandinavia*

In this course we will read a wide array of folk texts from Scandinavian countries that can tell us about the specific socio-cultural contexts that shaped them. We will also study how folktales and legends have informed and influenced the traditional values regarding nature and rural spaces. How did folktales affect daily living, customs and even rituals? How do these tales live on in today's modern age of urban and digital storytelling? This course will also serve as an introduction to folk narratives as a particular genre. Emphasis is on storytelling and oral tradition in folk tales, folk songs, poems, music and legends, as well as fairytales by H.C. Andersen.



### *Razors and Dolls: Gender and Sexuality in Scandinavia*

In this course, we will begin with an exploration of Scandinavia's Modern Breakthrough, a literary movement that used social realism to critique, among other issues, gender inequality and sexual freedom. We will then trace the trajectory of Sweden's progressive attitudes toward gender equality and sexuality by looking at changes in the home, media, the arts and government. We will also question our perceptions of Scandinavia as a sexually progressive region and how this informs our own understanding of sexuality. The aims and objectives of this course are to gain factual knowledge about literary, historical and political events in Scandinavia that helped to shape today's ideas of gender and sexuality, and to gain a broader understanding and appreciation of issues affecting sex and gender equality.

### *Svenska visor och svensk folkmusik. Från nivå A2+.*

Kursens syfte är att låta deltagarna komma i kontakt med olika former av svensk folkmusik. Kursdeltagare som spelar ett instrument välkomnas att ta med dem. Visor har en prominent plats i folkmusiken och vi kommer att sjunga en hel del - dels folkmusik ur spelmanstraditionen och dels visor av kompositörer/diktare ur den svenska visskatten såsom Bellman, Taube, Ferlin, Dan Andersson. Korta föreläsningar om stilar och kompositörer.

### *Sweden: From the Cradle to the Grave - a 21st Century Welfare State*

The aim of this course is to introduce students to Sweden, Swedes and living in Sweden. Theoretical perspectives are combined with more hands-on information. The course will include classroom discussions, fieldtrips (various institutions) and guest lecturers. This course might also be useful for those who plan for an extended stay in Sweden.

### *Swedish Pop Music & Musical Theater*

This course aims to improve the speaking and intonation of Swedish through singing and acting. Part of the course will be singing and acting techniques, analysis of songs, correct pronunciation of the lyrics. Short lectures on the background of productions and artists will be given, but foremost you will be learning how to connect to the Swedish language, by singing and acting, exploring in a different way. This course is for everyone who likes to sing, act, or just likes to do something completely different. No experience in singing or acting required.

### *The Swedish Film*

The course will provide concise and informative insights into Swedish film. We will look at the work of Ingmar Bergman, who was born in Uppsala, and also study the work of new directors such as Lasse Hallström, Colin Nutley, Lukas Moodysson and Josef Fares. Examples of popular film genres specific to Sweden will be studied as well as documentaries. The social and historical contexts to these films will be presented so the course can be considered as an historical overview of Sweden through moving images.

Teacher Benjamin (left) with students from the 'Gender and Sexuality in Scandinavia' class



## Making your choice of courses

**Y**ou may choose *one afternoon course per 3-week session you attend*. Please make your choice of afternoon courses in correspondence with the overview on page 9. Do not choose the same course more than once. Grammar and conversation courses can be combined since they take place on alternating days. All other afternoon courses take place every day and cannot be combined. See [www.uiss.org](http://www.uiss.org) for more details.

**Please make a firm choice of only one afternoon course per three-week session.** Many courses have limited spots available. Depending on the number of students and meeting with the instructor's approval, afternoon classes may be changed or cancelled.

## Assessment in courses

The student's performance in courses is evaluated continually: based on assignments, presentations, class participation, and for Swedish studies (afternoon classes) on a written paper. The assessment will not count for

more than 25% of the final grade, which will be received after the final exam at the end of a 3-week session.

## Certificates and credits

The UISS will issue a certificate and offers the possibility of earning transfer credits to all who have satisfactorily completed a course. Students will have to contact their home university's study abroad office beforehand to gain approval of the UISS courses.

Four credits per 3 weeks can be earned for Swedish language classes. Three credits can be earned for afternoon classes that are taught for 36 hours. An overview of credits that can be earned can be found on [www.uiss.org](http://www.uiss.org).

## Course material

Textbooks can be bought at the UISS office at a reduced price. Costs for books range between 400 - 600 SEK per Swedish language course.



# What is included in the program?

## Included in the full program fee:

All tuition, 28-32 classroom hours per week

- Housing in single dormitory rooms
- A guided tour of Uppsala
- Lunch on class days
- Fieldtrips on Fridays
- Study visits
- Student card, for university students only
- Evenings with guest speakers
- Film- and social evenings
- Farewell Dinner with dancing afterwards

## Included in the tuition only program:

All tuition, 20-32 classroom hours per week

- Study visits
- A guided tour of Uppsala
- Student card, for university students only
- Social evenings at the school

## Estimated additional costs per week

Additional expenses are estimated to be 1.500 SEK per week including books, leisure, meals, and incidentals, excluding the costs for the optional weekend trips. Much of course depends on your own habits of spending money.

# Scholarships

## UISS scholarships

A very limited number of scholarships are available to the maximum amount of a two- or three-week session's course fee, or 20 000 SEK, if a student stays 6 or 9 weeks. The value may vary according to need and can only be deducted from UISS fees. Only students who in no other way will be able to come to Sweden are eligible for a maximum value scholarship. Partial scholarships are available for those who lack the financial means to pay the total course fee.

**Criteria for selection:** Financial need, academic or professional qualifications, maturity, need for Swedish for study or profession, depth of interest in Sweden, its language and its culture. Scholarship recipients must agree to full presence in courses and to participate in all language exams.

## Other scholarships

*Sveriges Allmänna Utrikeshandelsförening*  
Stipendiefond för svensk utlandsungdom:  
Box 5501, SE-114 85 Stockholm, Sweden  
Telephone number: +46 705 68 80 50  
E-mail: [monica.trollsas@sau.st](mailto:monica.trollsas@sau.st) or  
[maud.jansson@sau.st](mailto:maud.jansson@sau.st).

SAU gives partial scholarships to young Swedish citizens (17-25) living abroad that participate in intensive Swedish language programs in Sweden, complementary to their schooling abroad. Applicants must have at least one Swedish parent. Website: [www.stipendiefonderna.se](http://www.stipendiefonderna.se).



The UISS arranges events both during the school week and over the weekends. In the evenings guest speakers will talk about Swedish traditions and customs, minorities or pop music. You may also join us for a Swedish film, UISS Talent (open stage), a crayfish or potluck international dinner or a pub crawl through the student nations. Our program assistants will gladly help you find an activity that suits you.

## Friday excursions

Each Friday, educational trips are arranged within the Uppsala - Stockholm area as well as to Dalarna. You will visit the 300-year old Vasa ship, the homes of Carl Milles and Carl Larsson, the World Heritage Museum of Falun Copper Mine, Skokloster Castle, and Drottningholm etc. Special study visits are also arranged within the different classes.

## Lapland trip: July 7 - 12

**Cost: 5 200 SEK** including all meals from lunch day 2 to breakfast day 5, guide, use of tents and additional camping gear and all transportation.

This is a short backpacking trip, which will take you through a very diverse and beautiful part of Swedish Lapland, just above the Arctic Circle. You will hike through dense pine and spruce forests, open birch forest between mountain cascades and over the famous Swedish “fjäll”. You will sleep in

small tents. Cooking will be done over open fire.

### *Itinerary:*

**Day 1:** Travel to Jokkmokk.

**Day 2:** Upon arrival in Kvikkjokk we will distribute the equipment and gear. Following a boat trip we will start hiking towards Prinskullen and Vallevare.

**Day 3:** We continue with the climb into the mountains towards Vallespiken.

**Day 4:** We will hike over the fields, and down through the thick forest back to the Kvikkjokk delta.

**Day 5:** Visit to Jokkmokk and the museum about the Sámi. Travel back to Uppsala.

**Please bring:** Sleeping bag warm enough for temperatures around freezing point, pad, hiking clothing (shoes, rain gear) strong, real hiking backpack. If you cannot take a sleeping bag and pad, you'll be able to rent these for 300 SEK.







*Crossing the Burma Bridge over the waterfall in Värmland*

*Photo: Angelica Lindqvist*

## Finland trip: July 13 - 17

**Cost: 3 000 SEK** including busses, boat, cabin, hotel, breakfast and 2 dinners.

This is an amazing trip traveling by boat through the beautiful archipelago, while enjoying typical Swedish food, listening or dancing to music on board. We will take the night boat from Stockholm to Helsinki. In Helsinki we stay at a hotel with free time on Friday and Saturday. You will be given information on what to see and do in Helsinki. On Sunday evening we will return to Stockholm, arriving in Stockholm early Monday morning.

In order to reserve a place on this trip please mark it down on the application form and pay the non-refundable deposit of 1000 SEK.



*On the cruise to Helsinki*

*Photo: Tom Nicklin*

## Värmland trip: August 4 - 6

**Cost: 2 800 SEK** including full board, activities, entrance fees and transportation.

This weekend is all about the outdoors. When in Sweden you should not miss the chance to experience the wilderness. You can choose to hike, to challenge yourself on the adventure trail, or to build your own raft and float down the river.

In order to reserve a place on this trip, please mark on the application form your choice of one activity for Day 2, and pay the non-refundable deposit of 1000 SEK to reserve your spot. The number of participants is limited, and reservations are taken on a first-come-first-serve basis.

### *Itinerary:*

**Day 1:** Departure by bus to Värmland. Optional activities in the afternoon such as hiking, canoeing and swimming. Rafters build their rafts, and the others may go on an optional beaver safari for 100 SEK. BBQ dinner.

**Day 2:** Your choice of:

- Timber rafting on Klarälven
  - Adventure experience around a canyon with different activities (repelling, zipline and Burma Bridge)
  - Hiking with a guide
- Dinner at the campfire.

**Day 3:** Free activities until noon. Visit to the home of Selma Lagerlöf. Arrival in Uppsala at 21:30 hrs.



## Application Procedure

**P**lease read the following information carefully before you fill out the application form. Give very thorough consideration to your choice of classes. The UISS is able to provide so rich a summer program only if they receive firm choices of courses from applicants. Do not sign up for two courses scheduled at the same time. See page 7 and 10. Please also note that courses are taught in the language in which they are described.

### 1. Online application

Fill in the online application form and pay the \$50 or €40 non-refundable application fee. Europeans and everyone who can, should pay €40 to the ING bank account in the Netherlands, accredited to N. Dorrestijn, UISS.

Account number: 1811301.

Swift: INGBNL2A,

IBAN: NL97INGB0001811301,

Non-Europeans may pay through Paypal, [www.paypal.com](http://www.paypal.com), using the e-mail address [director@uiss.org](mailto:director@uiss.org). Checks or money orders will not be accepted.

### 2. Additions

Please indicate on the application form the additions you would like and pay the extra cost with your first course fee payment.

### 3. Deadlines

The deadlines for applications are:  
May 8 for courses starting June 18,  
May 30 for courses starting July 9, and  
June 15 for courses starting July 30.  
The deadline for scholarship applications is March 1.

### 4. Level of Swedish

If you have some knowledge of Swedish, please take the placement test. Write the number of right answers in the A, B or C level on the application form and choose the corresponding level on the same form. Please note that level A1 is only suitable for complete beginners of Swedish.

### 5. ID photo

Please attach a photo that is suitable for an ID card; good resolution, sharp, face only. Do not send a clipping from a holiday photo.



## 6. Letter of admission

Upon receipt of your application, we will send you a letter of admission by e-mail. Those who fulfill the requirements and who have sent their applications in time are usually accepted to the program.

Sometimes courses fill up before the deadline, so please apply as early as possible.

## 7. Withdrawal

If you have applied to the program and cannot take part in the courses, please be so kind as to notify us of your withdrawal.

# Payment Procedure

Upon notification of acceptance students are required to send an advance payment of 5 000 SEK. Course fees are paid to our bank account. Costs of the bank-to-bank transfer are borne by the applicant.

### When is payment due?

The initial payment of 5 000 SEK plus extras are due upon receipt of your letter of admission. The remaining course fee should be paid by:

May 20 for courses starting June 18,

June 15 for courses starting July 9, and

June 30 for courses starting July 30.

Please remember to pay for any additional choices, such as an apartment or optional trip.

### Payment to the UISS bank account

The account holder for the bank account is Uppsala International Summer Session, Box 15 100, 750 15 Uppsala, Sweden.

Svenska Handelsbanken,  
Dragarbrunnsgatan 40,  
751 03 Uppsala, Sweden.

*Swift/BIC address:* HANDSESS  
*IBAN:* SE09 6000 0000 000 143365118  
*Account number:* 6501 - 143 365 118

### Payment from a Swedish bank account

Please pay to our bankgiro account:  
5952-0668.

### Early payments

Those who pay the total fee before February 15 may reduce the course fee by 5%.

### Conditions of cancellation

If you cancel the course of your choice:

- Earlier than 8 weeks before course start, refund will be 100% minus transfer costs
- Between 8 - 4 weeks before course start, refund will be 50%
- 4 weeks or less before course start, there will be no refund

Students who terminate their stay at the UISS before the end of the session or whose physical or mental health does not allow them to participate in the program, do not receive a refund other than within the above stated conditions of cancellation.

### We recommend getting cancellation & travel insurance.

### Costs of the full program:

9 week session	50 300 SEK
6 week session, 2 alternatives	34 200 SEK
3 week session, 3 alternatives	18 100 SEK
2 week session, only B&C levels	12 900 SEK

<b>Tuition only:</b>	per 9 weeks	39 300 SEK
	per 6 weeks	25 200 SEK
	per 3 weeks	13 100 SEK
	per 2 weeks	9 400 SEK

# Arrival Information

## **Arrival in Sweden by air**

You will probably land at Arlanda Airport, halfway between Stockholm and Uppsala. Take the ARLANDA-UPPSALA bus or the train to Uppsala and get off at the train station.

## **Arrival in Uppsala and check-in**

Upon arrival in Uppsala, take a short walk to Klostergatan 16. There you will be requested to pay 1 000 SEK as a room deposit and then you will be given your room key. Rooms will be ready for occupancy after 10.00 hrs on arrival days only. Earlier check-in will not be possible at all.

## **Arrival times**

Sundays June 18, July 9 and July 30 between 10.00 and 16.00 hrs. It is important to arrive

within the given hours, as an information meeting will take place at 16:30, followed by dinner at 18:30.

## **Late arrival**

If you arrive at other times/dates, please e-mail in advance, specifying your date/time of arrival. You will then receive instructions on how to proceed. Students arriving after 18.00 hrs cannot check into their rooms, but should book a hotel room for the night. It is better to arrive a day early than after 18.00 hrs.

## **Check-out times**

Fridays July 7, July 28 and August 18 between 10.00 and 13.00 hours. Please book a flight that leaves **after** the check-out.



*Students and staff at a Friday trip to Gripsholm's castle*



# Practicalities

## Accommodation

Please indicate the lodging of your choice on your application form and bring sheets and towels.

- *Single student room:* Included in the course fee. All rooms have a private full bathroom, a fridge and a pantry, as well as internet connection via ethernet cable. Bed size is between 90 and 120 cm wide. Unfortunately we won't be able to tell you the exact size beforehand. Laundry facilities, a small gym and fully equipped kitchens are available in the common areas.
- *Apartment:* for couples or professionals who like to have more space and privacy. Fully equipped apartments with one, two or three rooms. The extra cost is 3800 SEK per three weeks for single occupancy or sharing with someone who is not a student at UISS, and 4500 SEK for families with a maximum of two children.

## Transportation in Uppsala

To walk from the student rooms to classes in downtown Uppsala will take approximately 5 minutes. The apartments are spread across central Uppsala, all within walking distance as well. If you would like to explore Uppsala further, public transportation is excellent.

## Electrical appliances & Internet access

Sweden uses 220-volt current. You will have Wi-Fi access at school and Ethernet cable access in your room.

## Insurance

All participants should have health insurance.

We recommend to also get a cancellation insurance.

## Meals

During the week (Monday-Thursday) a hot lunch will be served. Friday through Sunday you will be responsible for your own meals.

## Money

Take a credit card or ATM bank card. It is wise to bring Swedish currency in cash, as you will need this to buy the books on arrival days. Estimated costs 400-600 sek.

## Passport information

No visa for Sweden is necessary for citizens from most Western countries. A valid passport is required. Passport and/or visa information may be obtained at embassies.

## Telephone

We recommend buying a Swedish SIM card for your mobile phone in Sweden.

## Tourist information

Sweden: [www.visit-sweden.com](http://www.visit-sweden.com)

Uppsala: [www.destinationuppsala.se/en/](http://www.destinationuppsala.se/en/)

## Uppsala student card

To gain entrance to the student clubs, which offer food and drinks at very good prices as well as an opportunity to meet Swedish students, you'll need a special 'guest card'. Please bring your university student card.

## The weather

The weather is unpredictable during the summer. It can be hot and dry, or cold and rainy. Be prepared for anything.

Find more photos from the program at [www.uiss.org!](http://www.uiss.org!)

# Contact Information

## Until June 1, 2017

UISS Director Nelleke Dorrestijn will be in The Netherlands part of the year. We gladly accept online applications via our website. Paper applications may be submitted upon request of temporary address from the director.

Phone: +31-6-22439491 or  
+46-70-437 58 66  
Email: [director@uiss.org](mailto:director@uiss.org)  
Website: [www.uiss.org](http://www.uiss.org)

## June 1 - August 25, 2017

*Visiting address:*  
Kungsängsgatan 12, Uppsala

*Mailing address:*  
Uppsala International Summer Session  
Box 15 100  
SE-750 15 Uppsala, Sweden

Phone: +46 70 437 58 66  
Email: [director@uiss.org](mailto:director@uiss.org)



*Our Swedish language teachers during the summer's second session 2016*





Intensive Swedish class



Fieldtrip to Gårdsjö Älgpark, watching the owner get kissed by his moose friend



Students performing at the farewell dinner themed 'Typically Swedish'



The drama class being... dramatic.



The traditional UISS crayfish dinner



[www.uiss.org](http://www.uiss.org)



Uppsala International  
Summer Session



uiss\_uppsala

## Uppsala International Summer Session

Nine, six, three and two weeks of international experience in Sweden

June 18- August 18, 2017