

# STUDY SWEDISH IN SWEDEN

*Summer 2024*



**APPLY  
NOW!**

<https://uiss.org/>







UISS staff 2023

from left: Nelleke, Linus, Anastasia, Annika



Midsommar celebration with the Swedes



Students with teacher Henrik



On the stairs of Uppsala University  
Teachers at the back, staff at the front

# Testimonials From Our Students



**TALATCAN IKIZOGLU, 24 - UISS 2023**

**STUDENT, T.IKIZOGLU@HOTMAIL.COM**

**TURKEY**

I had no idea about UISS before this summer and now I can definitely say that I wish I could have attended in previous years too. It is difficult to summarize what I got out from UISS, but it offers you Swedish culture, insight into society as well as knowledge about traditions and life in Sweden, while teaching you Swedish. I learn lots of things even during that short time (3 weeks) at UISS. Also, it was not only me, I had a chance to observe other people while they were improving their Swedish.

There were 35 countries represented during the program, which means lots of cultures to learn about, people to meet and opportunity to having a conversation. Even just this was proof of that the UISS is not just about 8 hours of lesson a day. The schedule was detailed and tailored to what you need, I must say they know what they are doing. There is a balance between Swedish lessons and other activities. Although homework may challenge you, it is mostly fun because fun and lessons are intertwined most of the times.

To cut a long story short, UISS is more than just a course and taught me much more than Swedish alone.

---



**Kadijatou Barry, 18 - UISS 2023**

**STUDENT, KADIJABARRY@COLLEGE.HARVARD.EDU**

**USA**

At UISS, I was amazed by how patient, supportive and understanding my Swedish classes' teachers were. They made their classrooms such welcoming places, where students could learn and thrive regardless of their learning pace. The lessons were engaging and interactive, motivating students and giving them plenty of opportunities to practice their Swedish. My favorite activity was speed dating, during which students from two different classes (sometimes the same class) converse in Swedish on certain topics. This was very fun and helpful with speaking as well as getting to know other students more.

To sum up, I had such a great time at UISS, learning Swedish and meeting people from all over the world.

---



**PALOMA BASANTA LORIGA, 56 - UISS 2023**

**BUSINESS ADMINISTRATION AND QUALITY MANAGER, JOKKMOKK64@YAHOO.DE**

**GERMANY**

One thing is clear: if you choose UISS for the fourth time to improve your Swedish, you really believe in the quality of this program. I came in 2014 for the first time and at that year I attended a B1+ course. I had started with Swedish in Germany partially because one of our biggest customers was a Swedish company but especially for my personal interest for languages. But in order to improve the language I knew I had to find a language program in Sweden.

UISS is the only program in Sweden that offers Swedish at all levels especially the more advanced ones. The quality of the teachers has always exceeded my expectations. They all have a solid linguistic education and are trained in teaching Swedish as a foreign language. Most teachers speak other languages which is helpful when they explain things to a multicultural class. In the morning Swedish is taught for four hours in a very intensive way, but also with a variety of activities to train speaking and writing, your grammar and listening- and reading comprehension. It never gets boring! The course I took this summer was the C level. Our teacher John Dolve has the talent to combine all these activities in such a way that you learn a lot and still stay focused. Coming for the fourth time I only had one small worry: Will it be as fun as the other times? Will I meet so nice people as I did the previous years? The answer is clear: Yes, it only gets better! Thank you UISS for letting me be part of this big Swedish family!



# A Word From the Director

## WELCOME TO THE UPPSALA INTERNATIONAL SUMMER SESSION

I am so happy that you are looking into what our program has to offer and I hope to be able to welcome you to the wonderful city of Uppsala and our program in 2024. Please read this brochure very carefully as it will provide you with all the information you'll need to fill out your application and to prepare for your studies with the UISS in Uppsala, Sweden.

The UISS is a non-profit organization and is completely self-supportive. We teach all classes at Vuxenskolan, a modern facility in the centre of Uppsala.

All teachers within the UISS are qualified to teach at an academic level. The newest teaching methods are applied resulting in an active, motivating and stimulating atmosphere in our classes. Our courses are intensive and are intended for the serious and motivated student.

When learning a language it is also very important to learn about the culture, history and society and we do offer quite a number of those classes.

Our experience is that it is a very good combination to focus on studying the Swedish language in the morning and to do something entirely different in the afternoon. For example the numerous courses we have in which music and/or theater are involved, will teach you much more than just a song or a scene. New horizons will open up and you will be surprised at how much your language skills have improved and you will not only have learned about the culture but sometimes also about yourself.

It is important to organize free time activities along with all the classroom hours, so that our students see something of the country. Equally important to us is to maintain the personal atmosphere that always has been a strength of this program.

Every year about 200 students and professionals from all over the world participate in the UISS. Spending a summer together with people from 40 different countries, ages 18 - 65, with different backgrounds, is a valuable and unforgettable experience.

The weekend trips to Helsinki and Lapland are great experiences, so make sure to take part in at least one of them. Two highlights during the summer are the potluck dinner, to which students bring food that is typical for their homelands, and the farewell banquet. Each three-week session ends with a 3-course dinner or buffet and dance, a so-called "student gasque", where students and teachers perform songs and sketches. The dinners will have a theme. July 4 we will have a 60's-70's theme, where people can wear clothes typical for that time. On July 25 the theme will be celebration of diversity. On August 15, we will have a more formal, three-course dinner. The theme is "Dress-up for a party!"

I think the UISS has a lot to offer and I can assure you that you will have a great summer in Uppsala, living as a Swede, as you combine your studies with interesting and fun experiences.

I personally love working with this program as no summer is the same and it is always exciting to meet so many people from all corners of the world with one thing in common: an interest in Sweden, its language and culture. I really love Sweden, so to be able to offer a program that is all about teaching Swedish and all aspects of Sweden is the best job for me.

Please don't ever hesitate to contact me directly if you have any questions. I hope to see you in Uppsala in the summer of 2024. Välkommen!

**Nelleke Dorrestijn,**  
director@uiss.org







## *Välkommen hit, välkommen hem*

**'WELCOME TO UPPSALA, WELCOME HOME'**

Uppsala is a beautiful and lively city during the summer. The frozen Swedes wake up from their hibernation and nature falls into bloom. Numerous events are arranged by cultural organizations, and several of Uppsala University's student organizations - the student nations - open their (outdoor) restaurants, clubs and pubs.

The lake is close by and one will often find our students there on the weekends. Gamla Uppsala offers a look into the history of not only Uppsala, but of Sweden, with remains from the Viking Era and mythical royal graves. And Stockholm with all the capital has to offer is only a 45-minute train ride away.

# Uppsala International Summer Session

## THE UISS PROGRAM

Uppsala International Summer Session is a non-profit foundation that offers summer courses in the Swedish language, culture, history and society annually for **two, three, six and nine weeks**.

Since the founding year of 1963 we have received thousands of students from across the globe. Their motives and backgrounds may vary, but they all have the same goal, to study Swedish. And after completing their studies at UISS they all have one thing in common: increased knowledge in the Swedish language and a deeper understanding of the Swedish culture, society and history. Each year approximately 40-50 former students return to study at UISS. Usually we welcome between 200 and 220 students from over 40 countries to the program.

The intensive UISS courses are taught at the facilities of Vuxenskolan in the center of Uppsala, and are intended for the serious and motivated student.

The teachers are all qualified to teach at an academic level. The teachers in Swedish have an academic degree specifically for teaching Swedish as a foreign language and also work at different universities during the academic year. This guarantees the academic and educational standards of the classes, which in addition to the application of the newest teaching methods, results in an active, motivating, and stimulating atmosphere in the classes.

Swedish is the primary language of instruction. After the first few days, most of the information given will be in Swedish.

Some afternoon classes are taught in English though. On excursions one may choose whether to go with English speaking or Swedish speaking guides.

**WANT TO KNOW MORE ABOUT OUR LEISURE ACTIVITES? FIND OUR PRELIMINARY SCHEDULE ON OUR WEBSITE UNDER 'ACTIVITES AND TRIPS'!**

## THE AIM OF THE PROGRAM

- To give the participants a unique opportunity to learn Swedish in a Swedish environment.
- To inform the students about the cultural, political and social life in Sweden.
- To give the participants the opportunity to meet more than 200 students from 40 nations. This should increase understanding among people from all over the world.

## THE DIRECTOR

Drs. Nelleke Dorrestijn. She has been the director of the program since 1990. Nelleke is in charge of the overall organization and the administration of the program. She is also chairman of the board of the UISS and responsible for all personnel matters. Nelleke works all year round for the UISS.

**Nelleke Dorrestijn,**  
director@uiss.org



# Course Information

Classes are scheduled 4 days a week, Monday through Thursday, with a minimum of 5 lesson hours a day in Swedish.

The morning classes are language studies, with a basic orientation into cultural and social patterns and characteristics, traditions and customs, integrated into the teaching material.

We offer 9 levels of Swedish language classes based on the six levels in the Common European Framework of Reference for languages, learning, teaching and assessment (CEF). Utlandssvenska ungdomar (18-26) can choose to take Svenska för utlandssvenska ungdomar, see description on the next page.

In the afternoon our students have the opportunity to learn more about Sweden and the Swedes through cultural, historical and social studies. These classes are often more interactive and while they teach different subjects, our students will, in most of these classes, also increase their vocabulary as well as improve their conversational abilities and pronunciation.

What classes you are eligible for depends on your level of Swedish. Please follow the instructions on page 9 and take the placement test before submitting your application.

## COURSE SCHEDULES

|               |                            |
|---------------|----------------------------|
| 08.30 - 12.30 | SWEDISH ALL LEVELS         |
| 12.30 - 13.30 | LUNCH                      |
| 13.45 - 16.15 | CULTURAL AND OTHER STUDIES |



Students in one of the Swedish classes



Swedish language teachers

## The Language Courses

### MORNING CLASSES

#### BEGINNERS TO ADVANCED Levels A1-C2 (10 levels)

We offer all levels of Swedish during the entire 9 weeks of the summer sessions. The students are placed in classes based on their result on the online placement test and the name of the class corresponds to the level of Swedish obtained.

#### SVENSKA FÖR UTLANDSSVENSKA UNGDOMAR - AGE 18-26

*Only for the 3, 6, and 9-week sessions, for those with demonstrated conversational skills of B1+ and higher. Scholarships available, please see information on page 15.*

The focus is on the continued development of written, oral and literary skills. The writing part includes spelling and general rules. Different aspects of grammar are being dealt with so that the student will be able to produce grammatically correct texts. Writing exercises are both free writing assignments as well as writing under strict directives. Vocabulary needs to be enhanced so that the student can express himself in a varied and precise manner. The student will learn this through discussions as well as individual presentations. Listening and reading comprehension are also part of this course.

#### MEDICAL SWEDISH Level C1

*3-week course designed for people that aim to work in Sweden and who have a foreign education in health care with a medical certificate.*

The aim of the course is to be able to pass the C1 level Swedish language test required by the National Board of Health (Socialstyrelsen) and to develop language skills in medical Swedish.

In this course, next to the regular Swedish language skills, the following will be addressed: vocabulary and terminology, symptom descriptions, patient reviews, patients' anamneses, common Swedish pharmaceutical skills, language exercises, explanation of word formation and common abbreviations in the field of medical care.

### AFTERNOON CLASSES

#### GRAMMAR Levels A1-B1+

Those who have questions about Swedish grammar can attend an open hour session at 16.30 on class days. These sessions are intended to provide additional support in grammar that is taught during the morning classes.



## DETERMINING YOUR LEVEL OF SWEDISH

The UISS teaches Swedish language courses in accordance with the Common European Framework of Reference (CEFR). CEFR consists of six levels, from A1 to C2, but we have created sublevels so the levels fit our 3-weeks courses. Students generally complete one level per 3 weeks. Levels are A1, A2 and A2+; B1, B1+; B2, B2+, C1, C1+ and C2.

The language levels describe a student's proficiency in the Swedish language after completion of that level. For example: as a complete beginner you would start in level A1 and before going into level A2, you must have attained the proficiency of A1 as described by the CEFR. A full description of these levels can be found [here](#).

### CEFR LEVELS:

- A1 - complete beginner
- A2 - beginner
- B1 - lower intermediate
- B2 - higher intermediate
- C1 - advanced
- C2 - very advanced

## THE PLACEMENT TEST

To ensure that our students are placed in the correct level, we ask all applicants with some knowledge in the Swedish language to take an online placement test prior to submission of the application form. The test can be found at **[www.uiss.org](http://www.uiss.org) > Application > Placement Test**.

Please do not use any help from books or other people. Do not just guess. If you really have no idea what the answer should be, then leave it open. This is merely a tool for us to help you get the most out of your studies here at UISS. Once in Uppsala, a short assessment will take place in class, both in oral and writing skills. After the first day, a few students may be moved to a more suitable level.

If you have studied Swedish on your own, without any teacher guidance, then please inform the director of this when sending the test results.



Students working together with their teacher John



Students performing in the class Swedish Musical Theater and Pop Music

## Cultural and Other Studies

\* The language of description will also be the language of instruction

| SESSION 1: JUN 16- JUL 5  | SESSION 2: JUL 7- JUL 26                                      | SESSION 3: JUL 28- AUG 16                                     |
|---|---|---|
| SVENSKA VISOR OCH SVENSK FOLKMUSIK                                  | SVENSKA VISOR OCH SVENSK FOLKMUSIK                            | SVENSKA VISOR OCH SVENSK FOLKMUSIK                            |
| ARTS IN SWEDEN  | HISTORY OF MODERN SWEDEN                                      | SWEDISH FILM  |
| FÖRBÄTTRA DIN SVENSKA MED HJÄLP AV DRAMA/ MUSIK/IMPROVISATION       | FÖRBÄTTRA DIN SVENSKA MED HJÄLP AV DRAMA/ MUSIK/IMPROVISATION | FÖRBÄTTRA DIN SVENSKA MED HJÄLP AV DRAMA/ MUSIK/IMPROVISATION |
| MODERN SVENSK LITTERATUR  | GENDER AND SEXUALITY IN SCANDINAVIA                           | SWEDISH POP MUSIC & MUSICAL THEATER                           |
| SWEDEN: FROM THE CRADLE TO THE GRAVE - A 21ST CENTURY WELFARE STATE | SVENSK KULTUR- OCH SAMHÄLLSLIV                                | NORDIC NOIR – SCANDINAVIAN CRIME FICTION                      |
|   |   | DEN SVENSKA VÄLFÄRDSSTATEN - SANNING ELLER MYT?               |



## COURSE DESCRIPTIONS

See the full course descriptions on our website under 'Courses' > 'Cultural and other studies'

### Arts in Sweden

This course deals with the history of art, architecture and design in Sweden. Spanning the best part of the last millennium, it provides a comprehensive overview of the historical development of the art of the country from the Middle Ages to the present. Through visits to historically interesting sites and museums, the students get the chance to see the result of Swedish artistic production of different ages. These visits are complemented by lectures and seminars. The location of Uppsala is ideal: there are many historical sites and its proximity to Stockholm provides the possibility to numerous visits there.

### Den svenska välfärdsstaten - sanning eller myt? Från nivå B1+

Kursen ger en överblick över välfärdssystemet samt en god inblick i centrala sociala frågor och begrepp. Översikten börjar med den rådande ekonomiska och politiska situationen i det svenska samhället. Tonvikten ligger på den svenska välfärdsstaten. Vi kommer att undersöka svensk arbetsmarknad, jämställdhetspolitik och de politiska partiernas syn på den offentliga sektorn och välfärdspolitik. Målet är att du efter avslutad kurs ska ha fått en god inblick i hur den svenska modellen fungerar, dess brister och fördelar, dess möjlighet att överföras till andra system samt hur framtiden för den svenska välfärdsstaten ser ut.

### Förbättra din svenska med hjälp av drama/musik/improvisation - Från nivå B1

Vill du träna ditt uttal? Behöver du handledning i hur du enkelt hittar de ord du behöver? På den här kursen får du träna ditt svenska uttal och förbättra ditt språkliga flyt. Vi gör det genom många lustfyllda övningar i drama, musik, gestaltning och artikulation. Vi kommer att sjunga svenska sånger, läsa sagor och dikter, arbeta med sketcher och dramaövningar. Vi tränar på betoning, taltempo, frasering och den svenska språkmelodin. Mål för utbildningen är att förstärka självförtroendet i språkinläringen, träna vardaglig kommunikation, öka ordförrådet och förbättra intonationen.

### Gender and Sexuality in Scandinavia

In this course, we will begin with an exploration of Scandinavia's Modern Breakthrough, a literary movement that used social realism to critique, among other issues, gender inequality and sexual freedom. We will then trace the trajectory of Sweden's progressive attitudes toward gender equality and sexuality by looking at changes in the home, media, the arts and government. We will also question our perceptions of Scandinavia as a sexually progressive region and how this informs our own understanding of sexuality. The aims and objectives of this course are to gain factual knowledge about literary, historical and political events in Scandinavia that helped to shape today's ideas of gender and sexuality, and to gain a broader understanding and appreciation of issues affecting sex and gender equality.

### History of Modern Sweden

This course will introduce students to Swedish history from a Swedish perspective. The constitution and development of Swedish identity and self-perception are topics incorporated into lectures. Lectures alternate with fieldtrips. The time span covered stretches from the end of the Scandinavian Ice Age (12 – 10 000 BC) to the foundation for the Swedish Welfare State. Nordic Mythology, Sweden's years as a great power and the Post-War era are all among the historic segments that are highlighted.

## Modern svensk litteratur - från nivå B2

Kursen syftar till att ge deltagare en inblick i modern svensk litteratur från 1800-talets slut fram till idag och väcka intresse för den svenska litteraturen. En rad författare och texter kommer att presenteras kronologiskt utifrån teman. För att ge en bredare bild av den svenska litteraturen har författare valts utifrån olikheter i aspekter som perioden de var aktiva, deras kön, geografiska ursprung, sociala hemvist och genretillhörighet. Varje kursdeltagare läser en modern svensk roman, vilken presenteras vid sista seminarium.

## Nordic Noir - Scandinavian Crime Fiction

Scandinavian crime fiction is widely popular throughout the world, and it is curious that the Nordic countries, which have relatively low-crime rates, produce such provocative page-turning material. Representations of crime, detective work, courtroom processes, and punishment in any given culture say a great deal about the values of the society portrayed. Indeed, with successful series like "The Girl with the Dragon Tattoo" trilogy and the Wallander mysteries, Scandinavian crime fiction is as suspenseful and thrilling as it is critical of society. How are issues related to politics, psychology, gender, economy, and class central in crime stories? Other topics, such as globalization, immigration, religion, and ethics will be addressed. This course will cover popular novels, short stories, films and TV-series.

## Svensk kultur och samhällsliv - Från nivå B1+

Den här kursen är bokstavligen en promenad genom Sveriges historia, dess kultur och samhällsliv, ute på Uppsalas gator. Vi rör oss ute varje dag efter en förmiddag i klassrummet. Vi upptäcker platser som är förknippade med Uppsalas och Sveriges utveckling på olika områden. Det är lektioner med en guidad tur där ni studenter också kan delta aktivt på olika sätt. Varje tur har ett specifikt tema och alla promenadvägar är olika. Inför varje tur får ni förberedande texter att läsa. Vi går i ett lugnt tempo och gör flera stopp, men det är samtidigt viktigt att tänka på att vi går kanske 4000-6000 steg per dag. Tanken är att ge dig möjligheten att se mycket av Uppsala under din tid här, samtidigt som du lär dig mer om svensk kultur och samhällsliv och förbättrar din svenska.

## Svenska visor och svensk folkmusik. Från nivå A2+.

Kursens syfte är att låta deltagarna komma i kontakt med olika former av svensk folkmusik.

Kursdeltagare som spelar ett instrument välkomnas att ta med dem. Visor har en prominent plats i folkmusiken och vi kommer att sjunga en hel del - dels folkmusik ur spelmanstraditionen och dels visor av kompositörer/diktare ur den svenska visskatten såsom Bellman, Taube, Ferlin, Dan Andersson. Korta föreläsningar om stilar och kompositörer.

## Sweden: From the Cradle to the Grave - a 21st Century Welfare State

The aim of this course is to introduce students to Sweden, Swedes and living in Sweden.

Theoretical perspectives are combined with more hands-on information. The course will include classroom discussions, fieldtrips (various institutions) and guest lecturers. This course might also be useful for those who plan for an extended stay in Sweden.



## Swedish Pop Music & Musical Theater

This course aims to improve the speaking and intonation of Swedish through singing and acting. Part of the course will be analysis of songs, correct pronunciation of the lyrics. Short lectures on the background of productions and artists will be given, but foremost you will be learning how to connect with the Swedish language, by singing and acting, exploring in a different way. This course is for everyone who likes to sing, act, or just likes to do something completely different. No experience in singing or acting required.

## The Swedish Film

The course will provide concise and informative insights into Swedish film. We will look at the work of Ingmar Bergman, who was born in Uppsala, and also study the work of new directors such as Lasse Hallström, Colin Nutley, Lukas Moodysson and Josef Fares. Examples of popular film genres specific to Sweden will be studied as well as documentaries. The social and historical contexts to these films will be presented so the course can be considered as an historical overview of Sweden through moving images.



Teacher John (left) playing the violin and Henrik (right) playing the nyckelharpa - a traditional Swedish instrument



Swedish Pop Music and Musical Theater' class performing at the Musical Evening

## MAKING YOUR CHOICE OF COURSES

Please choose one afternoon course per 3-week session you attend. Please make your choice of afternoon courses in correspondence with the overview on page 10. Do not choose the same course more than once. The afternoon courses take place every day and cannot be combined.

See <https://uiss.org> for more details.

Please note that some afternoon courses have a maximum of 16 students. On the rare occasion that an afternoon course does not have a minimum of 8 students, it will most likely be cancelled.

## ASSESSMENT IN COURSES

The students' performance in courses is evaluated continually. It is based on assignments, presentations, class participation, and for Swedish studies (afternoon classes) on a written paper. The assessment will not count for more than 25% of the final grade, which will be received after the final exam at the end of a 3-week session.

## CERTIFICATES AND CREDITS

The UISS will issue a certificate and offers the possibility of earning transfer credits to all who have satisfactorily completed a course. Students will have to contact their home university's study abroad office beforehand to gain approval of the UISS courses.

Four credits per 3 weeks can be earned for Swedish language classes. Three credits can be earned for afternoon classes that are taught for 36 hours. An overview of credits that can be earned can be found on <https://uiss.org/courses/>

## COURSE MATERIAL

Textbooks can be bought at the UISS office at a reduced price. Costs for books range between 400 - 650 SEK per Swedish language course.

**Go to Application Procedure**

# What is included in the program?

[Go to Payment Procedure](#)

\*discount of 500 SEK per 3 weeks when you apply before February 15

## Costs of the full program:

|                                 |                   |
|---------------------------------|-------------------|
| 9 week session                  | <b>67 500 SEK</b> |
| 6 week session, 2 alternatives  | <b>46 000 SEK</b> |
| 3 week session, 3 alternatives  | <b>24 400 SEK</b> |
| 2 week session, only B&C levels | <b>17 900 SEK</b> |

## No Accomodation

|                   |
|-------------------|
| <b>57 000 SEK</b> |
| <b>39 000 SEK</b> |
| <b>20 900 SEK</b> |
| <b>13 800 SEK</b> |

## Tuition only

|                   |
|-------------------|
| <b>52 200 SEK</b> |
| <b>35 200 SEK</b> |
| <b>18 300 SEK</b> |
| <b>13 000 SEK</b> |

- All tuition, 28-32 classroom hours per week
- Housing in single dormitory rooms
- A guided tour of Uppsala
- Lunch on class days
- Field trips on Fridays
- Study visits
- Student card, for university students only
- Evenings with guest speakers
- Film- and social evenings
- Farewell Dinner with dancing afterwards

- All tuition, 28-32 classroom hours per week
- Study visits
- A guided tour of Uppsala
- Student card, for university students only
- Social evenings at the school

## Estimated additional costs per week:

2 000 SEK per week including books, leisure, meals, and incidentals. This, of course, depends on your own spending habits.

# Scholarships

## UISS SCHOLARSHIPS

The UISS has no scholarships available for 2024 due to the financial consequences of Covid-19 in 2020 and 2021.

Hopefully we will be able to award a few scholarships in 2025.

## SSU AWARDS SCHOLARSHIPS

Stiftelsen Stipendiefonden för svensk utlands-  
ungdom:

Box 5501

SE-114 85 Stockholm

Sweden

E-mail **maud.jansson@sau.st**

Phone **+46 734345783**

SSU gives partial scholarships to young Swedish citizens (17-25) living abroad that participate in intensive Swedish language programs in Sweden, complementary to their schooling abroad. Applicants must have at least one Swedish parent. Website: <https://stipfond.se/>





Lapland Trip - Photo: Max Kadunce

## Activities, Trips & Excursions

[Full Activity Schedules here](#)

The UISS arranges events both during the school week and over the weekends. In the evenings guest speakers will talk about Swedish traditions and customs, minorities or pop music. You may also join us for Swedish films, music evenings, Swedish midsummer or crayfish dinner, international potluck dinners or pub crawls through the student nations.

### FRIDAY EXCURSIONS

Each Friday, educational trips are arranged within the Uppsala - Stockholm area as well as to Dalarna. You will visit the 300-year old Vasa ship, the homes of Carl Milles and Carl Larsson, the World Heritage Museum of Falun Copper Mine, Skokloster castle and Drottningholm etc. Special study visits are also arranged within the different classes.

### LAPLAND TRIP: JULY 5 - 10

#### Cost: 9 200 SEK

Includes all transportation, all meals from lunch day 2 to breakfast day 5, guide, use of tents and additional camping gear. This is a short backpacking trip, which will take you through a very diverse and beautiful part of Swedish Lapland, just above the Arctic Circle. You will hike through dense pine and spruce forests, open birch forest between mountain cascades and over the famous Swedish "fjäll". You will sleep in small tents. Cooking will be done over open fire.

### ITINERARY:

**Day 1:** Travel to Jokkmokk.

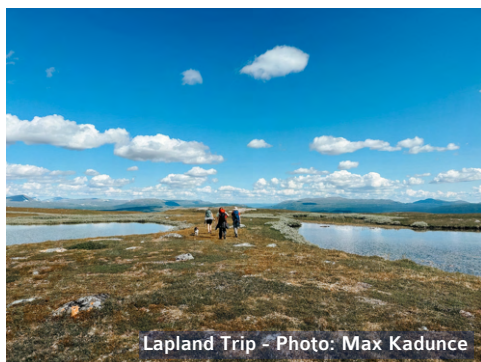
**Day 2:** Upon arrival in Kvikkjokk we will distribute the equipment and gear. Following a boat trip we will start hiking towards Prinskullen and Vallevare.

**Day 3:** We continue with the climb into the mountains towards Vallespiken.

**Day 4:** We will hike over the fields, and down through the thick forest back to the Kvikkjokk delta.

**Day 5:** Visit to Jokkmokk and the museum about the Sámi. Travel back to Uppsala.

**Please bring:** Sleeping bag warm enough for temperatures around freezing point, pad, hiking clothing (shoes, rain gear) strong, real hiking backpack. If you cannot take a sleeping bag and pad, you'll be able to rent these for 600 SEK.



Lapland Trip - Photo: Max Kadunce



Friday trip to Dalarna - Dala Horse

## FINLAND TRIP: JULY 18 - 22

**Cost: 3 900 SEK** includes busses, boat, cabin, 4\* hotel, breakfast and 2 dinners.

This is an amazing trip traveling by boat through the beautiful Swedish and Finnish archipelago, while enjoying typical Swedish food and listening or dancing to music on board.

We will take the night boat from Stockholm to Helsinki. In Helsinki we stay at a 4-star hotel with free time on Friday and Saturday. Helsinki is a beautiful city situated at the Baltic Sea.



Interesting architecture and museums, shops with the famous Finnish design in glass, textiles, jewelry and wood. Information on what to see and do in Helsinki will be provided.

On Sunday evening we will return to Stockholm, arriving in Stockholm early Monday morning.

In order to reserve a place on either one of these trips, please mark it down on the application form and pay the full costs of which 1500 SEK is a non-refundable deposit for Finland and for Lapland 2500 SEK.





Midsummer potluck dinner

# Application Procedure

Please read the following information carefully before you fill out the application form. Give very thorough consideration to your choice of classes. See page 7 and 10.

## 1. Online application

Please fill out the online application form and pay the USD 50 or EUR 50 non-refundable application fee. Europeans should pay EUR 50 to the ING bank account in the Netherlands, accredited to:

**N. Dorrestijn, UISS.**

Swift: INGBNL2A

IBAN: NL97INGB0001811301

Non-Europeans may pay through Paypal, [www.paypal.com](http://www.paypal.com), using the e-mail address [director@uiss.org](mailto:director@uiss.org). Checks or money orders will not be accepted.

## 2. Additions

Please indicate on the application form the additions you would like and pay the extra cost with your first course fee payment.

## 3. Deadlines for applications

**April 16** for courses starting June 16

**May 15** for courses starting July 7

**June 7** for courses starting July 28

## 4. Level of Swedish

If you have some knowledge of Swedish, please take the placement test. Write the number of right answers in the A, B or C level on the application form and choose the corresponding level on the same form. Please note that level A1 is only suitable for complete beginners of Swedish.

## 5. ID photo

Please attach a photo that is suitable for an ID card; good resolution, sharp, face only. Do not send a clipping from a holiday photo.

## 6. Letter of admission

Upon receipt of your application, we will send you a letter of admission by e-mail. Those who fulfill the requirements and who have sent their applications in time are usually accepted to the program. Sometimes courses fill up before the deadline, so please apply as early as possible.

## 7. Withdrawal

If you have applied to the program and cannot take part in the courses, please be so kind to inform us of your withdrawal.



# Payment Procedure

Upon notification of acceptance students are required to send an advance payment of **6 000 SEK**. Course fees are paid to our bank account. Costs of the bank-to-bank transfer are borne by the applicant.

## Deadlines for payment

The initial payment of **6 000 SEK** plus additions are due upon receipt of your letter of admission.

The remaining course fee should be paid by:

**May 1** for courses starting June 16

**May 22** for courses starting July 7

**June 15** for courses starting July 28

## Payment options

### 1. Payment to the UISS bank account

The account holder for the bank account is Uppsala International Summer Session, Box 15 100, 750 15 Uppsala, Sweden.

Svenska Handelsbanken

Dragarbrunnsgatan 40

751 03 Uppsala

Sweden

Swift/BIC address: HANDSESS

IBAN: SE09 6000 0000 000 143365118

Account number: 6501-143 365 118

### 2. Payment from a Swedish bank account

Please pay to our bankgiro 5952-0668

### 3. Payment for people outside of the EU

**Wise.com** is a fast, reliable and cheaper payment alternative from outside of the EU.

## Early payments

Those who pay the total fee before Feb 15 will receive a reduction in the course fee.

## Conditions of cancellation

If you cancel the course of your choice:

- Earlier than 8 weeks before course start, refund will be 100% minus transfer costs
- Between 8 - 4 weeks before course start, refund will be 50%
- 4 weeks or less before course start, there will be no refund

Students who terminate their stay at the UISS before the end of the session or whose physical or mental health does not allow them to participate in the program, do not receive a refund other than within the above stated conditions of cancellation.

**We recommend getting cancellation & travel insurance.**

## Costs of the full program when you apply before February 15:

|                                 |                   |
|---------------------------------|-------------------|
| 9 week session                  | <b>65 600 SEK</b> |
| 6 week session, 2 alternatives  | <b>44 700 SEK</b> |
| 3 week session, 3 alternatives  | <b>23 700 SEK</b> |
| 2 week session, only B&C levels | <b>17 400 SEK</b> |

## Tuition only before February 15

|             |                   |
|-------------|-------------------|
| per 9 weeks | <b>50 700 SEK</b> |
| per 6 weeks | <b>34 200 SEK</b> |
| per 3 weeks | <b>17 800 SEK</b> |
| per 2 weeks | <b>12 700 SEK</b> |

Click [here](#) to see what's included

# Arrival Information

## Arrival in Sweden by air

You will probably land at Arlanda Airport, halfway between Stockholm and Uppsala. Take the ARLANDA-UPPSALA bus or the train to Uppsala and get off at the trainstation.

## Arrival in Uppsala and check-in

Upon arrival in Uppsala, take a short walk to Kungsgatan 27. There you will be requested to pay **1 000 SEK / 120 USD / € 100** in cash as a room deposit in order to get your room key. The room deposit will be reimbursed to you in cash on the day of your departure, provided your room is clean and has no damages. Rooms will be ready for occupancy after 09.30 hrs on arrival days only. Earlier check-in will not be possible at all.

## Arrival times

Sundays **June 16, July 7 and July 28** between 09.30 and 16.00 hrs. It is important to arrive within the given hours, as an information meeting will take place at 16:30, followed by a welcome dinner at 18:30.

## Late arrival

If you arrive at other times/dates, please e-mail in advance, specifying your date/time of arrival. You will then receive instructions on how to proceed. Students arriving after 18.30 hrs cannot check into their rooms, but should book a hotel room for the night. It is better to arrive a day early and stay at a hostel for one night than to arrive after 18.30 hrs.

## Check-out times

Fridays **July 5, July 26 and August 17** between 09.30 and 12.00 hours.

Please book a flight that leaves after the check-out.



# Practicalities

## Accommodation

**Single student room:** Included in the course fee. All rooms have a private full bathroom, a fridge and a pantry, as well as internet connection via ethernet cable (bring your own).

Bed size is between 90 and 100 cm wide. Unfortunately, we won't be able to tell you the exact size beforehand. Laundry facilities, a small gym and fully equipped kitchens are available in the common areas.

## Transportation in Uppsala

To walk from the student rooms to classes in downtown Uppsala will take 5 minutes. If you would like to explore Uppsala further, public transportation is excellent.

## Electrical appliances & Internet access

Sweden uses 220-volt current. You will have Wi-Fi access at school and (bring your own) Ethernet cable access in your room.

## Insurance

All participants should have health insurance. We recommend to also get a cancellation insurance.

## Meals

During the week (Monday-Thursday) a hot lunch will be served. Friday through Sunday you will be responsible for your own meals.

## Money

Take a credit card or ATM bank card. It is wise to bring Swedish currency in cash, as you will need this to buy the books on arrival days. Estimated costs **400-700 sek.**

## Passport information

No visa for Sweden is necessary for citizens from most Western countries. A valid passport is required. Passport and/or visa information may be obtained at embassies.

## Telephone

We recommend buying a Swedish SIM card for your mobile phone in Sweden.

## Tourist information

Sweden: [www.visitsweden.com](http://www.visitsweden.com)

Uppsala: <https://destinationuppsala.se/en>

## Uppsala student card

To gain entrance to the student clubs, which offer food and drinks at very good prices as well as an opportunity to meet Swedish students, you'll need a special 'guest card'. Please bring your university student card.

## The weather

The weather is unpredictable during the summer. It can be hot and dry, or cold and rainy. Be prepared for anything.



# Contact Information

**Until May 30, 2024**

UISS Director Nelleke Dorrestijn will be in The Netherlands part of the year. Application forms can be found on our website and are submitted online.

Phone: +31-6-22439491 (all year)

Email: [director@uiss.org](mailto:director@uiss.org)

Website: <https://uiss.org/>

**June 1 - August 16, 2024**

Visiting address:  
Kungsängsgatan 12, Uppsala

Mailing address:  
Uppsala International Summer Session  
Box 15 100  
SE-750 15 Uppsala, Sweden



22 Staff, teachers and students from 37 different countries





Students at typical Swedish crayfish party



Teachers enjoying themed farewell dinner



Farewell dinner theme: Hard Rock!



Class B1+ teacher front left





Uppsala International  
Summer Session



uiss\_uppsala

# UPPSALA INTERNATIONAL SUMMER SESSION

Nine, six, three and two weeks of international experience in Sweden  
June 16 - August 16, 2024